NEURO LINGUISTIC PROGRAMMING

A graduation project document submitted to the Department of Computer Science as a partial fulfillment for the requirement for the Degree of Diploma in Information System at King Khalid University, Abha, Kingdom of Saudi Arabia

By

<table>
<thead>
<tr>
<th>NAME</th>
<th>ID</th>
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<tbody>
<tr>
<td>Mona Rasheed</td>
<td>429837347</td>
</tr>
<tr>
<td>Zohoor Ali</td>
<td>429835344</td>
</tr>
<tr>
<td>Amal Oudah</td>
<td>429837315</td>
</tr>
<tr>
<td>Maram Abdullah</td>
<td>429833038</td>
</tr>
</tbody>
</table>

Supervised
By

Jaseela Azees

May 2011 - Jumada II 1432
COMMITTEE REPORT

We certify that we have read this graduation project report as examined committee, examined the student in its content and that in our opinion it is adequate as a project document for B.Sc in information system.

**Supervisor**

Name

Signature

Jaseela Azees

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Examiner 1

Signature

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Examiner 2

Signature

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Date:- / / Date:- / /
ABSTRACT

The information explosion is the most pronounced phenomenon of the present era; the internet is and will remain its greatest enabler. This explosion is triggering a global knowledge revolution. The role of the internet in driving this revolution will be tremendous.

The world wide web is part of the internet that most users see and use and which has made it so popular. The web continues to grow at an absolutely incredible rate. Technology has improved to such an extend that the web is now considered to be indispensable for education, business and entertainment. There are billions of pages on the web and thousands more are added every hour.

The aim of the project “Neuro Linguistic Programming (NLP)” is to know more details about NLP. This means that to get inside a person’s natural language body and thought patterns and use this knowledge to help them achieve their goal or outcome.

It has 5 major sections. About NLP, History, Applications, Courses, Self tests. And also 3 other sections :- Why study NLP, How NLP works, How NLP benefits to you.

The developed software is fully customizable website. The main objective behind this online system is reliability, fast, user friendly.
DEDICATION

All thanks and gratitude to
Almighty Allah and to our
Prophet Mohammed (R)
(Peace and Blessing be upon him),
the teacher of all humanity.

Also, we would like to thank our teachers in our faculty who participate in the success of this project.

Finally, we wish all the best luck for all.
ACKNOWLEDGMENT

Any attempt at any level can’t be satisfactorily completed without the support and guidance of Almighty Allah. We would like to express our immense gratitude to our supervisor Ms. Jaseela Azees, for her constant support and motivation that has encouraged us to come up with this project. She has been very polite and helpful in giving us instructions and key features of these project.

In addition, we would like to express our thanks for Dr. Muneera, dean of our center, who opens her heart for our complaints and needs. There are also two persons who we would like to send greatest thanks and gratitude for their special efforts that really strengthen our persistent and make us more and more assertive, Ms. Ayesha Ansari and Mrs. Nojood. Then comes our parents who have helped us giving ideas based on this project. We are also thankful to our family, friends and mates who have rendered their whole hearted support at the times for the successful completion of this project.
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Chapter 1
Introduction
INTRODUCTION

NLP (Neuro-linguistic Programming) was first developed in the U.S. in the early 70's from studying the thinking and behavioural skills used by particularly effective and successful people.

NLP stands for Neuro-Linguistic Programming, a name that encompasses the three most influential components involved in producing human experience: neurology, language and programming. The neurological system regulates how our bodies function, language determines how we interface and communicate with other people and our programming determines the kinds of models of the world we create. Neuro-Linguistic Programming describes the fundamental dynamics between mind (neuro) and language (linguistic) and how their interplay effects our body and behavior (programming).

NLP as a personal development system which uses a mix of strategies, axioms and beliefs about human perceptions and subjective experience. NLP is a way of thinking and a set of skills that are easy to understand, that will give you more focus, self esteem, power to make good decisions, focus, direction, self confidence, ability to create wealth, productivity, less procrastination and faster progress. NLP’s core idea is that an individuals thoughts gestures and words interact to create ones perception of the world (maps of reality) By changing ones outlook, therefore a person can change his attitudes and actions, hence the results.

NLP is the cutting edge of human development because it teaches the fundamentals of how your brain works. The attitude of NLP involves one of intense and excited curiosity. It involves the desire to know what goes behind the scenes. This curiosity makes us know what makes the human mind work. NLP also involves an attitude of experimentation. With such an attitude we “try things” and then try something else.....always trying, getting results, using the feedback, and then experimenting with something else. If something does not work we try something else.
Advantages

- Neuro-Linguistic Programming (NLP) is all about cognition, communication and change.
- It also focuses on self-awareness, attitude, personality development and psychology.
- It indicates the relationship between brain, body and language.
- It is now used internationally by millions of people throughout the world in such diverse fields as management, sales, marketing, public relations, education, therapy, the military and police, sports, and personal development.
- Neuro-Linguistic Programming (NLP) studies the structure of how humans think and experience the world.
- NLP develops state of the art skills in interpersonal communication and practical ways in which you think and behave.
- It provides us with the tools to run our own brain and manage our states, emotions and behaviours.
Feasibility Study

Feasibility study is carried out to find whether the project is feasible or not. In feasibility study developer checks whether the project is feasible and fulfill the requirement of end-user.

The following feasibility studies were carried out:

- Economical Feasibility Study
- Technical Feasibility Study
- Behavioural Feasibility Study

1. Economical Feasibility Study

After estimating all the hardware and software requirement of the required application, the project is quite feasible and required amount of finance is available for the application.

2. Technical Feasibility Study

System meets all the technical requirements, run under specific hardware and software specification. It has no technical fault and compatible with different type of hardware and software.

3. Behavioural Feasibility Study

Behavioural feasibility is the right approach to be moved on that is, to make the system maximum responding so if that too happens then the system will be very busy in the online operation to be met in a faster criteria.
**Tools**

**HTML**

HTML is layout language. It contains commands that like a word processor tells the computer in a very loose sense what the content of the document is, for example using html you can tell the computer that the document contains a paragraph, a bulleted list, a table, or an image. The html rendering engine is responsible for actually displaying the text and image on the screen. The difference between html and processor is that word work with proprietary formats. Because they are proprietary, one word processor can’t directly read another word processor’s file format. They usually need a special program called an import/export filter to translate one file to format another.

HTML is an open, worldwide standard. If you create a file using the commands available, it will display on almost any browser running on almost any computer with any operating system - any where in the world. HTML is a small subset of a much full featured markup language called standard generalized markup language. SGML has been under development for about 15 years and contains a great many desirable features that html lacks but it is also very complex to implement. that complexity makes it both difficult to create and display properly.

HTML contain only two kinds of information markup which consist of all the text contain between angle bracket, and content, which is all the text not contain in between angle brackets. The difference is that the browser does not display markup; instead contains the information that tells the browser how to display the content e.g. is a perfectly valid html file. You can save set of commands as file, navigate to it in your browser, and display the file without errors- but you won’t see anything, because the file does not contain any content. All the text in the file is markup.
HTML was developed as a small subset of SGML to provide a lightweight standard for displaying text and images over slow dial-up connections. The worldwide web, best known as the web, originally had very few features, but it has grown considerably in the past few years. Nevertheless, you can learn the core command set for HTML in just a few hours.

In contrast, a file with this content: this is a file with no makeup contains no markup. Although most browsers that display the contents of a file with no markup are not valid files, the individual parts of the markup between the brackets are tags, sometimes called commands. There are two types of tags: start tags and end tags. Start tags and end tags appear in pairs. The single difference is that the end tag begins with a forward slash.

**DHTML**

DHTML is a new and emerging technology that evolved to meet the increasing demand for eye-catching and mind-catching web sites. DHTML combines HTML with cascading style sheet (CSS) and scripting language. HTML specifies web page elements like table, frame, paragraph, bulleted list, etc. Cascading style sheet can be used to determine elements' size, color, position, and a number of the other features. Scripting languages can be used to manipulate the web page's elements so that styles assigned to them can change in response to a user's input.
**JAVASCRIPT**

JavaScript, also known as ECMAScript, is a prototype-based, object-oriented scripting language that is dynamic, weakly typed and has first-class functions. It is also considered a functional programming language like Scheme and OCaml because it has closures and supports higher-order functions. JavaScript is an implementation of the ECMAScript language standard and is primarily used in the form of client-side JavaScript, implemented as part of a web browser in order to provide enhanced user interfaces and dynamic websites. This enables programmatic access to computational objects within a host environment.

JavaScript's use in applications outside web pages—for example in PDF documents, site-specific browsers and desktop widgets—is also significant. Newer and faster JavaScript VMs and frameworks built upon them (notably Node.js) have also increased the popularity of JavaScript for server-side web apps. JavaScript uses syntax influenced by that of C. JavaScript copies many names and naming conventions from Java, but the two languages are otherwise unrelated and have very different semantics. The key design principles within JavaScript are taken from the Self and Scheme programming languages.
Project Overview

Purpose, Scope and Objectives

Purpose

The purpose of NLP is to study, describe and transfer models of human excellence.

Scope

If you want to have more choices about your behaviour and emotions, to enhance your communication and relationships and develop new abilities in your thinking, then NLP can provide you with the technology for accomplishing that. It generates lasting life skills.

Objectives

- It enables people to communicate more effectively and influentially.
- It provides personal development methods which are among the most effective around.
- It provides some excellent career-development tools around.
- It enables people to think more clearly and incisively - and act more congruently and effectively.
Criteria of success, Assumption and Constraints

Criteria of success

- Reliable, workable and safety site.
- Easy to access by users.
- Attractive user-friendly interface.
- Updating and modification the site regularly.

Assumptions

- The site requires being secured.
- It will run in any platform.

Constraints

There are some constraints must be considered in our project which are: resources, performance and time.

In our project, resources are:

a. People who are the project team member and the supervisor.
b. Hardware which includes PCs, telephone lines and modem.
c. Expert opinion.

To increase the performance of this project we try to obtain resources with greater capability (i.e. it can perform the same work in a shorter period of time). For example by using faster PC, DSL, messenger that are related to hardware and by using that enable us to build special web page with a little code that is related to software.

We have a limited time to complete this project. However, improved resources capability will reduce the task time and increase the performance of the project.
Project Organization

- Project Co-ordinator
- Project Supervisor
- Team Member
Internal Structure

Team Members

- Mona Rasheed
- Zohoor Ali
- Maram Abdullah
- Amal Oudah
**Roles and Responsibilities**

**Project Supervisor** :-  Jaseela Azees  

**Scope of Authority** :-  Full authority over the project team.  

**Scope of Responsibility** :-  Ensure correctness of the overall process and evaluates the work.  

**Team Members** :-  Mona Rasheed, Zohoor Ali, Maram Abdullah, Amal Oudah  

**Scope of Authority** :-  Full authority over her task  

**Scope of Responsibility** :-  Doing assigned tasks efficiently, correctly, correct work and submission of deliverables on time to the project manager, gather requirements, analyze them ensure their correctness, design implement and test the project.
Evaluation Criteria

Our project will evaluate codes that create WebPages. However, there are some website evaluation criteria are consider in evaluation such as:

- **Accuracy**: the extent to which an evaluation is truthful or valid in what it says about a program, project, or material.
- **Authority**: the page should list the author credentials and its domain is preferred (.edu, .gov, .org, or .net).
- **Objectivity**: the page should provide accurate information with limited advertising and it is objective in presenting the information.
- **Currency**: the page should be current and updated regularly (as stated on the page) and the links (if any) are also up-to-date.
- **Coverage**: the page should view the information properly
Project Team Members Training

All team members need more training in web programming and database building. The type of training will be self-training and we will take building website courses.
**Project Tracking Plan**

**Schedule control**

On each weekend, we will control the schedule and answer this question:

- Does the activities done as expected.
- Does the time enough for each activity.
- Does the time of team members match the time of activities.

**Meeting**

The team member will have short meeting everyday and long meeting on Monday and Wednesday every week. The meeting with supervisor will be schedule as needed.

**Maintenance**

After each activity performed the work must be saved and a backup and it will be checked by team members. The work must be able to work at least two of the team member’s computer. The software and hardware must be checked and maintained after they have completed.
Project Closeout Plan

- Check that all activities done in proper way
- Keep on file the lessons learned.
- Preparations for presentation.
- Make sure that the final report delivered at the time.
Managerial Process Plan

Start-up Plan

Estimates

We use Microsoft Project 2003 for managing Project Schedule, and we will estimate that all resource requirements for conducting the Project are available or easy to acquire.

Resource Acquisition

Most the resources are available such as PCs, Modems, Visual Studio 2005, Macromedia Flash and Dreamweaver, PhotoShop and so on. The only software we need to acquire is Smart Draw which can be available from Universality.

Work Plan

Work Breakdown Structure

In project management, a work breakdown structure (WBS) is an exhaustive, hierarchical (from general to specific) tree structure of deliverables and tasks that need to be performed to complete a project. The purpose of a WBS is to identify terminal elements (the actual items to be done in a project). Therefore, WBS serves as the basis for much of project planning. It is a very common project management tool [25]. The Figure 1.9 shows the Project Work Breakdown Structure.
CHAPTER 2
ANALYSIS
ANALYSIS

The Systems Development Life Cycle (SDLC) is a conceptual model used in project management that describes the stages involved in an information system development project from an initial feasibility study through maintenance of the completed application. Various SDLC methodologies have been developed to guide the processes. In our Project, we will use Waterfall Model.

Waterfall Model is the most common and classic of life cycle models, also referred to as a linear-sequential life cycle model. It is very simple to understand and use. In a waterfall model, each phase must be completed in its entirety before the next phase can begin. At the end of each phase, a review takes place to determine if the project is on the right path. We use this model for several reasons:

- Simple and easy to use.
- Easy to manage due to the rigidity of the model – each phase has specific deliverable and a review process.
- Phases are processed and completed one at a time.
- Works well for smaller projects where requirements are very well understood.
Analysis generally means the action of taking something apart in order to study it. The term used in many different contexts. Through this section, we will cover the following:

1. Gathering Information
2. Content Analysis
3. Interaction Analysis
4. Functional Analysis
5. Configuration Analysis
The Waterfall Model

The waterfall model derives its name due to the cascading effect from one phase to the other. In this model each phase well defined starting and ending point, with identifiable deliveries to the next phase. This model is sometimes referred to as the linear sequential model or the software life cycle.
The waterfall model consists of six distinct stages. First stage is the *requirements analysis phase* and it includes the specification of the problem, desired goals and identification of constraints. Second stage is the *specification phase* and it includes the product function definition. Third stage is the *design phase*. In this stage the system specifications are translated into a software representation and it includes determine of the hardware requirements and a picture of the overall system architecture. Fourth Stage is the *implementation and testing phase*. In this phase designs are translated into the software domain. Fifth stage is the *integration and system testing phase*. In this phase all the program units are integrated and tested to ensure that the complete system meets the software requirements. After this stage the software is delivered to the customer for acceptance testing. Sixth phase is the *maintenance phase*. This is usually the longest stage. In some text, the *requirements analysis and specifications phases* are combined and represented as a single phase.
Gathering Information

A number of methods can be used to gather requirements and identify tasks for the Websites. Because there is no "one size fits all" solution, the specific requirements, schedule, and objectives of the Project will usually dictate the appropriate method or methods to use. Each method has its strengths and weaknesses, and these along with sample materials are provided to help usability engineers evaluate which method is most appropriate for a given situation. Finally, it is important to note that these methods can be combined to create the overall best solution for a project.
Searching

The major objective of the searching is to analyze the competitors Websites. The analyzing helps us to gather important information about how to make our Site more useful. We make searching using Google search engines.
Search Results

1. **Neuro-linguistic programming - Wikipedia, the free encyclopedia**

   Neuro-linguistic programming (NLP) is an approach to psychotherapy and organizational change based on "a model of interpersonal communication chiefly ..."

   [Methods - Positive/Negative - Therapy - Richard Bandler](en.wikipedia.org/wiki/Neuro-linguistic_programming - Cached - Similar)

2. **What is NLP?**

   NLP stands for Neuro-Linguistic Programming, a name that encompasses the three most influential components involved in producing human experience: neurology ...

   [www.nlpu.com/whatnlp.htm - Cached - Similar](www.nlpu.com/whatnlp.htm)

3. **NLP - neurolinguisticprogramming.com**

   What is Neuro-Linguistic Programming™? Neuro-Linguistic Programming™ (NLP™) is defined as the study of the structure of subjective experience and what can ...

   [www.neurolinguisticprogramming.com/ - Cached - Similar](www.neurolinguisticprogramming.com/)

4. **NLP-INFO**

   Online slideshows about NLP, links, bookstore, an unbiased list of trainers and events calendar.

   [www.nlpio.com/ - Cached - Similar](www.nlpio.com/)

5. **NeuroLinguistic Programming. How Does it Work?, Presuppostions ...**

   The basic premise of neurolinguistic programming (NLP) is that the words we use reflect an inner, subconscious perception of our problems; if these words ...
6. **NLP.COM**

   *NLP.com...for training and resources in *Neuro Linguistic Programming*, Time Empowerment, Hypnosis and Ancient Hawaiian Huna.*

www.nlp.com/ - Cached - Similar

7. **Just what is Neuro-Linguistic or Neurolinguistic Programming?**

   What is *NLP*? How do you describe or explain Neuro-linguistic or *Neurolinguistic Programming*?

www.nlp-now.co.uk/nlp-what.htm - Cached - Similar

8. **nlp - neuro-linguistic programming free theory training guide, nlp ...**

   Free *NLP* training theory - *neuro-linguistic programming* techniques, definitions, explanation, plus more free articles and training for management, sales, ...

www.businessballs.com › self/personal development - Cached - Similar

9. **Welcome to ANLP - NLP - Neuro Linguistic Programming**

   UK information on *NLP*, practice groups and training courses.

www.anlp.org/ - Cached - Similar

10. **NLP Comprehensive Training-CDs-DVDs-Online**

    Since 1979 the Comprehensive *NLP* Resource. Get your answers with articles, essays, video and audio plus exclusive *NLP* shopping.

www.nlpco.com/ - Cached - Similar

    The other object of making searching is to gather information about the HTML language, its history, scope, limitation and all useful information about it.

    In addition, we try to collect all information needed about the software requirements. We see capabilities, tutorials and courses of these applications and how to be helpful in our project.
Configuration Analysis

Internet Environments

The Internet and the World Wide Web are not synonymous: the Internet is a collection of interconnected computer networks linked by copper wires, fiber-optic cables, wireless connections… etc. The Web is a collection of interconnected documents and other resources, linked by hyperlinks and URLs. The World Wide Web is accessible via the Internet.

Internet use client-server model of computing. It is a system in which client software or a client computer makes requests of server software or a server computer that provides the client with resources or services, such as data or files.

On the World Wide Web, a client program called a user agent retrieves information resources, such as Web pages and other computer files, from Web servers using their URLs. If the user agent is a kind of Web browser, it displays the resources on a user's computer. The user can then follow hyperlinks in each web page to other World Wide Web resources, whose location is embedded in the hyperlinks. It is also possible, for example by filling in and submitting web forms, to post information back to a Web server for it to save or process in some way. Web pages are often arranged in collections of related material called "Web sites."
A Web application is commonly structured as a three-tiered application. In its most common form, a Web browser is the first tier, an engine (Application Server) using some dynamic Web content technology (e.g., CGI, PHP, Java Servlets or Active Server Pages(ASP)) is the middle tier, and a database is the third tier. The Web browser sends requests to the middle tier, which services them by making queries and updates against the database and generating a user interface.
CHAPTER 3
DESIGN
Data Flow Diagram
Use Case Diagram
Web Structures

We use hierarchical structures for our website. The WebPages needed to build the Site is explained in the following table.

<table>
<thead>
<tr>
<th>Page</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home Page</td>
<td>It is used to introduce our website. The main page that contains information about the site and have the links to other pages.</td>
</tr>
<tr>
<td>About NLP</td>
<td><strong>Main contents</strong>&lt;br&gt;This page contains information about the NLP.</td>
</tr>
<tr>
<td>History</td>
<td>It contains the history of NLP.</td>
</tr>
<tr>
<td>Applications</td>
<td>This page contains some applications of NLP.</td>
</tr>
<tr>
<td>Courses</td>
<td>This Page contains the courses of NLP.</td>
</tr>
<tr>
<td>Self Tests</td>
<td>This page contains the lens of the eyes and favourite color.</td>
</tr>
<tr>
<td>Why study NLP</td>
<td>This contains the information of why we study NLP</td>
</tr>
<tr>
<td>How NLP works</td>
<td>It contains the working of NLP.</td>
</tr>
<tr>
<td>How NLP benefits to you</td>
<td>This contains the benefits of NLP.</td>
</tr>
</tbody>
</table>
User Interface

The user interface is the aggregate of means by which people (the users) interact with a particular machine, device, computer program or other complex tool (the system). The user interface provides means of:

--- Input, allowing the users to manipulate a system

--- Output, allowing the system to produce the effect of the users’ manipulation.

User interface affect the amount of effort the user must expend to provide input for the system and to interpret the output of the system, and how much effort it takes to learn how to do this.

Types of user interface

Graphical user interface (GUI) accept input via devices provide articulated graphical output on the computer monitor.

Web-based user interface accept input and provide output by generating web pages which are transported via the internet and viewed by the user using a web browser program.

In this section, we show the expected web page for the web site.

Main Page— This page includes 8 hyperlinks (About NLP, History, Applications, Courses, Self Tests, Why Study NLP, How NLP works, How NLP benefits you).
Home Page

NLP (Neuro-linguistic Programming) was first developed in the U.S. in the early 70's from studying the thinking and behavioural skills used by particularly effective and successful people.

* It is now used internationally by millions of people throughout the world in such diverse fields as management, sales, marketing, public relations, education, therapy, the military and police, sports, and personal development.
* Neuro-Linguistic Programming (NLP) studies the structure of how humans think and experience the world.
* NLP develops state of the art skills in interpersonal communication and practical ways in which you think and behave.

Why study NLP?
About NLP

NLP is the study of the structure of subjective experience An attitude and methodology that leaves behind a trail of techniques. Dr Richard Bandler invented the term "Neuro-Linguistic Programming" in the 1970s.
History

* History of NLP *

Neuro-linguistic programming (NLP) was developed jointly by Richard Bandler and John Grinder under the tutelage of Gregory Bateson (a renowned anthropologist, social scientist, linguist and cyberneticist), at the University of California, Santa Cruz, during the 1970s. Originally a study into how excellent psychotherapists were achieving results they did, it rapidly grew into a field and methodology of its own, based around the skill of modeling as used to identify the key aspects of others behaviors and approaches that led them to be capable of outstanding results in their fields.

With the 1980s, the two fell out, and amidst acrimony, and trademark lawsuits by Bandler [5], NLP tended to be developed in a fragmented and haphazard manner by many individuals, some ethically, and some opportunistically, often under multiple confusing brand names.

During the 1990s, tentative attempts were made to put NLP on a more formal, regulated footing, in countries such as the UK, and around 2001, the law suits finally became settled, and a variety of individuals and representative groups in the field resumed moves to
Applications

* Applications of NLP *

 대하여 التدريب المكثف

NLP in Business
NLP in the Helping Professions
NLP and Creativity
NLP in Personal Change
NLP in Education
NLP in Health
Courses

* Courses *

✏ Be the cycle, such as a pencil
✏ Course I know your personality from your Signature
Self Tests

* Self Tests *

 htmlentities

Lens of the Eyes

Favorite Color
Lens of the Eyes
Favorite Color
Why Study NLP

* Why study NLP? *

There are many who invest time, effort and money in enhancing their knowledge, skills, and ability

BECAUSE, some feel that NOT having these skill will make them unable to gain control over people, situations, themselves, thereby making themselves powerless, Weak.
BECAUSE, some WANT to control people, situations, their life and wealth, and be Powerful.
BECAUSE, some feel that NOT having these skills will make them Unpopular.
BECAUSE, some WANT to be liked, be in the limelight and be Popular.
BECAUSE, some feel that NOT having these skills will make them Non achiever, Unsuccessful.
BECAUSE, some WANT to acquire wealth and realize their dreams and be Successful.
How NLP works

NLP is based on principles that are very different from traditional psychology. Traditional Clinical Psychology is primarily concerned with describing difficulties, categorizing them and searching for historical causes. NLP is interested in HOW our thoughts, actions, feelings work together right now to produce our experience.

NLP offers not only a state of the art theoretical foundation for such, but also the techniques for bringing about personal change and development.

NLP offers an experiential nature laying emphasis on Modeling, Experimenting and testing in contradiction to theorizing and hypothesizing.

In training programmes sometimes people ask, "Whether it works?" They are allowed then and there to put to test and see if a particular a pattern works for them. You can expect this hands on immediate testing of the model.

The best way to understand NLP is to experience it. NLP provides the methods and technology for the "HOW TO" of the managing of our thoughts.

You could change your feelings by changing "How" you internally represent an experience. The strength of NLP lies in this Process of the mind and not in the
How NLP Benefits you

* How NLP benefits you? *

NLP helps you to...

* Acquire a means of learning, for growing and developing yourself.
  * Manage your personal and professional relationships.
  * Manage your time and precious resources.
* Intensify the positive experiences and neutralize the negative experiences.
* Replace unresourceful behavior, habits and states with positive ones.
  * Be in control of your emotions rather than being controlled.
  * To run your mind and be response.
* Improve personal certainty and conviction by uncovering your values and beliefs.
  * Elicit and Change Values and beliefs of those your work with to enable better communication and ability to motivate and inspire them.
CHAPTER 4

CONCLUSION & FUTURE WORK
Conclusion

At first, we planned carefully for our project, because it is usually a good planning is a way of good work. And we applied some planning techniques such as work breakdown structure (WBS) and Gantt chart. Also, we considered some challenges and risks that might we face in our project such as lack of communication between team member, when they happen.

Then, we made analysis and we used UML as a way of analysis, we draw use case and we explained use case scenarios. Next, we focused on design of our Website, we designed the database. Also, we selected the appearance of the Site and we created design for input and output interfaces. Finally, we have achieved some points It is easy to create a web site, but is not easy to create a successful web site because it needs a lot of effort and time. Moreover, there are many risks that might face in any project, so the planning for risks is an important activity that must be considered.

Within the limited time the project has been successfully completed with maximum satisfaction. The constraints are met and overcome successfully. The project gives good idea on developing a full fledged application satisfying the user requirements. The system is very flexible and versatile. This software has great user friendliness. The project was successfully completed with maximum ability.
What we will do in the next semester

At the next semester, we will be in the execution phase which is divided into two phases: Implementation phase and Testing phase.

Implementation Phase

At the implementation phase we have the following activities:

1. Choosing the Site domain and address the Site.
2. Creating the Courses using the selected tools.

Testing Phase

We will make test for all of the following:

- Database.
- Link.
- Layout.
- Dataflow.

Then we publish the Site. The Site at the end of the next semester will be completed, so Arabic learners can use it and get benefits from it.

Future work

In the future we may do the following:

- The English Link will be activated, so the Site doesn't provide services for Arabic learners only.
- The services will be provided by English language too.
APPENDIX
Coding

Home.htm

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<b><font face="Times New Roman" size="6" color="yellow">COURSES</a></b>
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<td align="center">
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</a><p align="center">

</p></td>
<td align="center">
<a href="Courses.htm">
</a><p align="center">

</p></td>
</tr>
</table>
</body>
</html>
NLP (Neuro-linguistic Programming) was first developed in the U.S. in the early 70's from studying the thinking and behavioural skills used by particularly effective and successful people. It is now used internationally by millions of people throughout the world in such diverse fields as management, sales, marketing, public relations, education, therapy, the military and police, sports, and personal development. Neuro-Linguistic Programming (NLP) studies the structure of how humans think and experience the world. NLP develops state of the art skills in interpersonal communication and practical ways in which you think and behave.
Why study NLP

How NLP works

How NLP benefits you

</body>

</html>
About.htm

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  var doc=document, args=arguments, elm,n; doc.$imgSwaps=new Array(); for(n=2; n<args.length; n+=2) { elm=FP_getObjectByID(args[n]); if(elm) {
    doc.$imgSwaps[doc.$imgSwaps.length]=elm;
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  return null;
} // -->
</script>
</head>
NLP is the study of the structure of subjective experience
An attitude and methodology that leaves behind a trail of techniques.
Dr Richard Bandler invented the term "Neuro-Linguistic Programming" in the 1970s.
<head>
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} // -->
</script>
</head>
Neuro-linguistic programming (NLP) was developed jointly by Richard Bandler and John Grinder under the tutelage of Gregory Bateson at the University of California, Santa Cruz, during the 1970s.

Originally a study into how excellent psychotherapists were achieving results they did, it rapidly grew into a field and methodology of its own, based around the skill of modeling as used to identify the key aspects of others’ behaviors and approaches that led them to be capable of outstanding results in their fields.

With the 1980s, the two fell out, and amidst acrimony, and trademark lawsuits by Bandler [5], NLP tended to be developed in a fragmented and haphazard manner by many individuals, some ethically, and some opportunistically, often under multiple brand names.

During the 1990s, tentative attempts were made to put NLP on a more formal, regulated footing, in countries such as the UK,
and 2001, the law suits finally became settled, and a variety of individuals and representative groups in the field resumed moves to put the field on a more professional footing.
Applications

function FP_swapImg() { //v1.0
var doc=document, args=arguments, elm, n; doc.$imgSwaps=new Array(); for(n=2; n<args.length; n+=2) { elm = FP_getObjectByID(args[n]); if(elm) {
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Applications of NLP

- NLP in Business
- NLP in the Helping Professions
- NLP and Creativity
- NLP in Personal Change
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Courses.htm

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Be the cycle, such as a pencil

Course I know your personality from your Signature

Courses

Course I know your personality from your Signature
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  return null;
}
// -->
</script>
</head>

<body bgcolor="violet" topmargin="0" leftmargin="0" rightmargin="0" bottommargin="0" marginwidth="0" marginheight="0">
Why study NLP? There are many who invest time, effort and money in enhancing their knowledge, skills, and ability.

BECAUSE, some feel that NOT having these skills will make them unable to gain control over people, situations, thereby making themselves powerless.

BECAUSE, some WANT to control people, situations, their life and wealth, and be powerful.

BECAUSE, some feel than NOT having these skills will make them unpopular.

BECAUSE, some WANT to be liked, be in the limelight and be popular.

BECAUSE, some feel that NOT having these skills will make them non achiever.

BECAUSE, some WANT to acquire wealth and realize their dreams and be successful.

Make a choice Be powerful, popular, successful.

For professionals, teachers, students, managers, employers, employees.

NLP is for you....

When

- You want to change the way something’s are for you now.
- You want to firmly control your emotions always.
- You want to control people and the situations always.
- You want to be liked by your friends, relatives and associates.
* You want to easily communicate and influence your partner, spouse, children & colleagues.<br>
* You want to take your life to new levels of achievement, happiness, adventure and success.<br>
* You want to tremendously improve your income.<br>
* You want to reach the summit of success.
Work.htm

<head>
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  return null;
  } // -->
</script>
</head>
NLP is based on principles that are very different from traditional psychology. Traditional Clinical Psychology is primarily concerned with describing difficulties, categorizing them and searching for historical causes. NLP is interested in HOW our thoughts, actions, feelings work together right now to produce our experience.

NLP offers not only a state of the art theoretical foundation for such, but also the techniques for bringing about personal change and development.

NLP offers an experiential nature laying emphasis on Modeling, Experimenting and testing in contradiction to theorizing and hypothesizing.

In training programmes sometimes people ask, Whether it works ? They are allowed then and there to put to test and see if a particular a pattern works for them. You can expect this hands on immediate testing of the model.

The best way to understand NLP is to experience it. NLP provides the methods and technology for the “HOW TO” of the managing of our thoughts.

You could change your feelings by changing “How” you internally represent an experience. The strength of NLP lies in this Process of the mind and not in the
The Brain uses this encoding method to control the messages to our nervous system which then creates our neurological experiences. This brain software enables us to make decisions and to respond quickly. Depression, trauma, grief, guilt, anxiety, phobias, beliefs, values all emotions and human states operate according to their own structured codings.

NLP offers a model for learning how to recognize excellence how to specifically chunk it down into component elements and the syntax (or order) and to emulate it by installing it. In this step by step fashion NLP model instructs us how to achieve excellence.

With NLP:
- You can improve your communication with the NLP model for communication excellence.
- You can quickly build rapport with all including strangers, as NLP chunks these skills to teachable formats.
- Your child can be a better learner master speller with NLP learning and spelling strategies.
- You can conduct successful negotiations with the NLP negotiation model.
- You can overcome your stage fright and be a powerful presenter by learning to be resourceful at the drop of a hat.
- You can gather more information from your associates, clients and colleagues by using NLP meta model.
Benefit.htm

<head>
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  else if(o.layers) c=o.layers; else if(o.all) el=o.all[id]; if(el) return el;
  if(o.id==id || o.name==id) return o; if(o.childNodes) c=o.childNodes; if(c)
  for(n=0; n<c.length; n++) { el=FP_getObjectByID(id,c[n]); if(el) return el; }
  f=o.forms; if(f) for(n=0; n<f.length; n++) { els=f[n].elements;
  for(m=0; m<els.length; m++) { el=FP_getObjectByID(id,els[n]); if(el) return el; }
  return null;
} // -->
</script>
</head>
<p align="center">How NLP benefits you? </p>

NLP helps you to…

* Acquire a means of learning, for growing and developing yourself.
* Manage your personal and professional relationships.
* Manage your time and precious resources.
* Intensify the positive experiences and neutralize the negative experiences.
* Replace Unresourceful behavior, habits and states with positive ones.
* Be in control of your emotions rather than being controlled.
* To run your mind and be response.
* Improve personal certainty and conviction by uncovering your values and beliefs.
* Elicit and Change Values and beliefs of those your work with to enable better communication and ability to motivate and inspire them.
* Discover techniques to self lead, be resourceful and manage yourself better.
* Eliminate limiting self talk and beliefs and reduce stress levels for a more fulfilling life.
* Acquire Leadership skills.
* Resolve Conflicts.
* Better Recruitments.
* Family counseling.
NEURO LINGUISTIC PROGRAMMING (NLP)
References


http://www.nlpu.com/whatnlp.htm

http://www.neurolinguisticprogramming.com/